

# Healthy Mummy, Healthy Baby

SUNDAY

28

AUG 2016

Time: **1.30pm - 5.30pm**

Venue: **10 Square Orchard Central**

Admission Fee: **\$10 - Single / \$15 - Couple**

## Program Highlights



### Tips for a Successful Breast Feeding Journey Ms Kang Phaik Gaik

Senior Lactation Consultant,  
Alvernia Parentcraft Centre,  
Mount Alvernia Hospital



### Preparing for a Smooth Delivery and Beyond Dr Ong Xiaohui

Obstetrician & Gynaecologist  
MBBS, MMed O&G,  
MRCOG(UK), FAMS



### Lifesaving Benefits of Storing your Baby's Umbilical Cord and Cord Blood Dr Lin Aigu

Deputy Technical Director,  
Cordlife Group Limited



### Sharing of Breastfeeding Experiences and Pregnancy Journey Kate Pang

Celebrity Mum

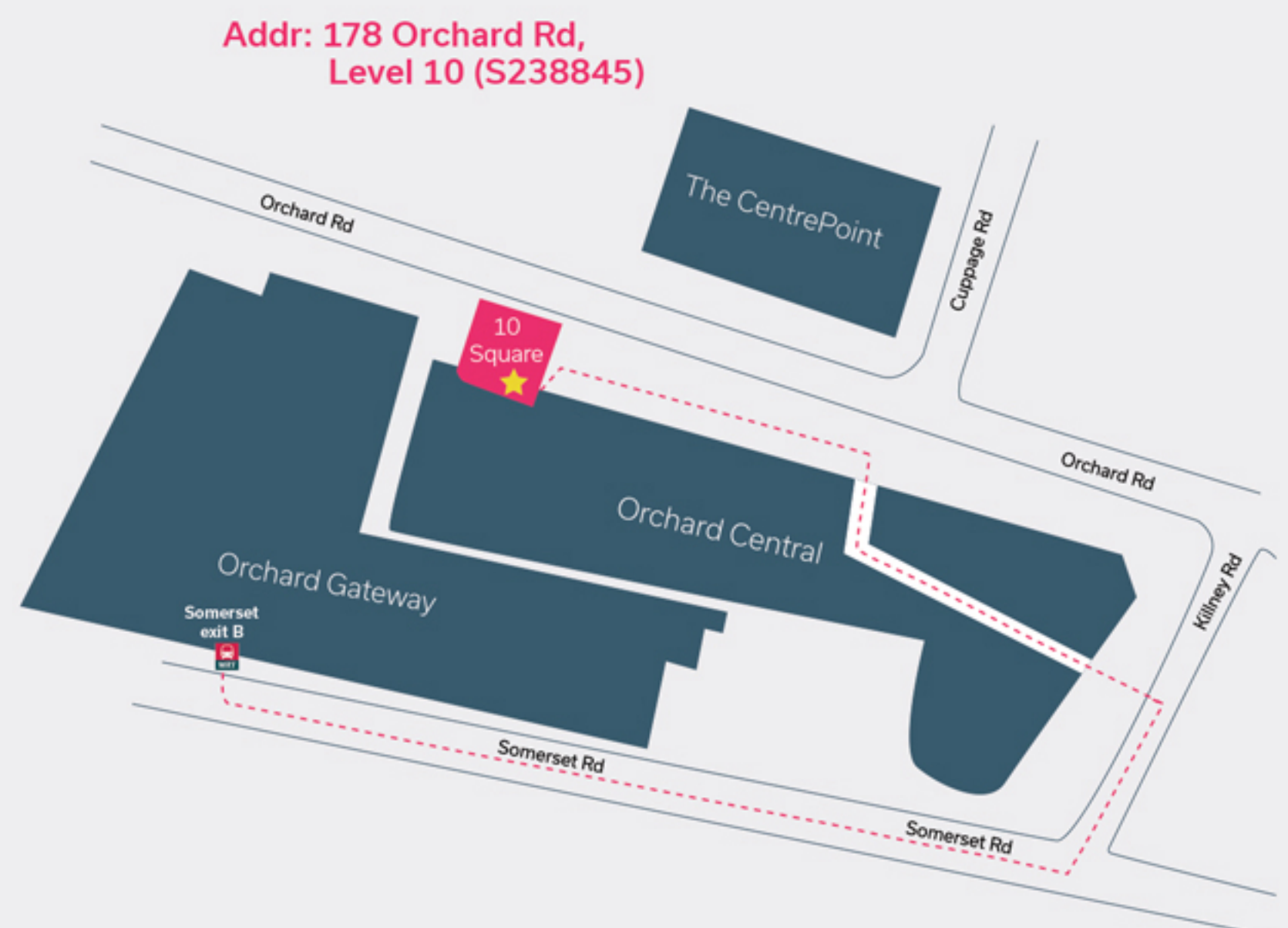
Register at : [beautymumsbabies.com/event](http://beautymumsbabies.com/event)

Each couple walks away with **\$150 goodie bag!**

Plus **Free High-Tea!**



- 1.30pm ● Registration
- 2.00pm ● Opening Speech by Beauty.Mums & Babies
- 2.05pm ● Tips for a Successful Breast Feeding Journey  
(By Ms Kang Phaik Gaik)
- 2.35pm ● Lifesaving Benefits of Storing your Baby's Umbilical Cord and Cord Blood  
(By Dr Lin Aigu)
- 2.55pm ● Getting your Child a Head Start  
(By Financial Advisor of Prudential)
- 3.15pm ● Teabreak
- 3.45pm ● Preparing for a Smooth Delivery and Beyond  
(By Dr Ong Xiaohui)
- 4.15pm ● Interview with Kate Pang on Her Pregnancy Journey
- 4.45pm ● Q&A with Panel of Experts and Kate Pang
- 5.00pm ● Autograph and Photograph Session
- 5.30pm ● End of Event



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